MINDSET + LIFE PURPOSE COACH





Andrea's coaching clients affectionately call her their '*secret weapon*' because of her innate ability to identify their potential and champion their unique purpose.

As a creative and multi-passionate woman, Andrea was driven by purpose but felt hopelessly lost with it came to bringing her own dreams to life. With over 20 years of experience as an educator, musician, and pastor, it took failing time and time again and being let go from her dream job to realize that her true gifting was as a mindset and life purpose coach.

When she's not coaching, writing, or hosting her podcast, The Couragecast, you can find her taking a walk in the woods or hanging out at the local coffee shop with friends.

Her first book, "Designed With Purpose" was written in 2011 to help women discover and live out their God-given purpose.



# TAKE A LISTEN



### ARE YOU READY TO LIVE BRAVELY?

The Couragecast is a show to equip and empower you to elevate your mindset, take brave steps, and live your divine purpose.



#### FREE GIFT - MANIFEST YOUR DREAMS WORKBOOK

## TOPICS

How to unlock the power of your purpose at any stage of life.

Stepping into alignment with your divine dream (again).

Why your fears may be holding you hostage and how to step into your power.

The art of letting go of who you thought you'd be (identity, faith, life circumstances).

The importance of embracing failure, rejection and loss as a part of your journey.

Why it's never too late to start over and become who you want to be.

# CONNECT

<u>@ANDREACRISPCOACH</u> <u>@THE.COURAGECAST</u>

www.andreacrisp.ca andrea@andreacrisp.ca

