



the **COURAGECAST**



www.thecouragecast.com

Andrea Crisp

PODCAST HOST

about andrea

Andrea is a life coach, author, speaker, and podcaster who has dedicated her life to empowering women to live bravely. Her clients affectionately call her their secret weapon because of her innate ability to identify their potential, and champion their unique purpose.

the couragecast

A show to equip and empower women to live bravely. Sharing real life stories of women who are willing to face their fear. The Couragecast launched season one in 2017 and is now in season four.

statistics

- All time downloads - 30, 113
- Countries - 26
- Reviews - 29
- Stars - 5

guests

Past guests include artists, authors, speakers, social media influencers, athletes, and more.

Laila Biali - Juno Award Winning Jazz Artist, Anna LeBaron - Author of The Polygamists Daughter, Lisa Gilroy - Award Winning Comedian and Actress, Meagan Duhamel - Two Time World Champion and Gold Olympic Medalist, Tania Kolesnik - Influencer and Creator of County Collective, Tara Jeronimus - Clothing Designer at Onderbroeks, Alyssa Yuhas - Creative Director, Co-Founder of Designer Vaca, Karin Eldor - Copywriter - Women At Forbes & Create And Cultivate.

testimonials

This is gold. The interviews are so GOOD! Andrea is so switched on wise...it's been really challenging to listen and to get internally/spiritually woken up. Agh - I guess I should do something with my life now. I've literally cried through every episode. Can't wait for next weeks! - Dalycho

I love this podcast. Andrea's words and her guest's insights into living a courage-filled life are so inspiring. I really respect the depth that Andrea goes into each conversation. I wait patiently for each new episode - professional level sound quality is a plus! - Patune17

I LOVE this podcast! The people are real and so relatable! I love it and gain so much from it that I make my husband listen to it often at work... and he also finds it real and inspiring. - Jedarstar